



CAMPION SCHOOL

NEWSLETTER



January/February 2023

Aspire - Engage - Achieve

Bugsy Malone Takes Campion by Storm



For five months, staff and pupils have been working tirelessly on the school production of Bugsy Malone, which was performed on 8 and 9 February.



The show was an outstanding success with fantastic acting, singing and dancing from the cast, including our showstopper girls, pictured top left. It also had heart-warming moments from our lead couple - Blousey - played by Abi, pictured top right, and Bugsy played by John/Jack, pictured left. There were many comedy moments and in the final scene everyone got covered in foam - when, dramatically, the entire cast is wiped out - even Mrs Cook, Head of Drama!

Huge thanks to everyone who gave up their time and worked so hard for this event. It was spectacular.

YEAR 10 PARENTS' EVENING

Thursday, 2 March

YEAR 9 PARENTS' EVENING

Thursday, 23 March

GCSE MOCK EXAMS

Monday, 6 - Friday, 17 March

YEAR 8 PATHWAYS EVENING

Thursday, 16 March

Staff Training Day

Friday, 31 March

SOCIAL MEDIA

www.facebook.com/campionsch

 [campion@campionschool](https://twitter.com/campion@campionschool)

Easter Break

Monday, 3 - Friday, 14 April

Queen's Green Canopy Project



Pictured above: Cllr Nick Wilkins with Science Teacher and Eco-Club lead, Jemma Knight. Pictured Right: Eco-Club pupils

In November 2022, Leamington Mayor, pictured, met volunteers from Coventry and Warwickshire Age UK and pupils from the School's Eco-club to launch the planting of 420 saplings around the perimeter of the school. The trees were awarded to Campion as part of the late Queen's Canopy Project.



QUOTE OF THE MONTH

'When you do something noble and beautiful, and nobody notices, do not be sad. For the sun every morning is a beautiful spectacle and yet most of the audience still sleeps.' John Lennon

FOCUS ON MUSIC

Instruments

Why not pick up an instrument and get playing – benefits include:

1. Relief of stress and anxiety by causing brain waves to change from concentration-type, beta-waves to alpha-waves, which are associated with a calm state of mind.
2. Enhancement of memory and brain function as you learn the notes, store the information and re-access the data to perform.
3. Fostering of creativity and the opportunity to express yourself, while learning problem-solving and creative-thinking techniques.

Join a Band

From the moment you join a band, you form new friendships, develop communication skills and learn to work as a team as you define your style, choose your songs and learn to 'speak' through the beat of the music. As your confidence, expertise and reputation grow so does your joy in life - try it and surprise yourself.



Pictured above: a Year 11 band performing at the schools winter concert to raise money for Ukraine.

Pictured left, Champion sixth formers join professional musicians to play the score for *Bugsy Malone*.



A STUDENT PERSPECTIVE – ARIANA Y10

Ariana in year 10, pictured right, has regular drum lessons and plays in two bands

How long have you been having drum lessons?

3 Years - Since Year 7

What do you do in a drum lesson? *It is often quite technical - we learn rhythms such as swing and shuffle.*

What do you enjoy about your lessons? *I enjoy learning how a song is played and learning how to do that myself.*

Do you play in a band? *Technically I play in two - The year 9/10 band called Daydreamers and another one with a mixed group of year groups called 'Last minute Lounge'. It's great fun playing with others.*

What advice would you give to someone who is thinking about having lessons? *Have patience and practice. If you learn drumming it can be painful on your hands initially so make sure you enjoy it and want to do it.*



MRS PRIOR HEAD OF MUSIC

The music department is a fantastic place to be right now: a fun and varied curriculum, a major refurb of the department and playing live is inspiring our musicians as they study the broad spectrum of music ranging from world and historical music to digital audio workshop projects.

A big welcome to Mrs Cheetham, who joined the music teaching team in September. We are very lucky to have her. Her arrival has not only enabled Year 7 and 8 pupils to increase their lessons from one to two hours per fortnight, but has also created more time for focus on specialisms including performance and music history.

Students have been busy rehearsing weekly and preparing for a range of concerts, open evenings events, the Christmas concert and, most recently, the schools production of *Bugsy Malone* which you can read all about on the front page.

How can I get involved?

One to one or shared instrumental lessons on a weekly basis in:

**Woodwind
Bass Guitar
Singing**

**Guitar
Piano/keyboard
Drums**

- Student choir
- GCSE Music (studied additionally)
- Band rehearsals
- Termly Concerts
- Performing for open evenings
- Performing in assemblies
- Champion's Got Talent

CENTRAL WARWICKSHIRE SPORTS PARTNERSHIP NEWS



Ten Year 8 Campion students, who form part of the Aspire PE group took part in a project where they received training from Tom Davis, the former British and Commonwealth Judo Champion. Inspired by the training, the leaders ran lunch time activities for a group of Year 7 students which was not only fun, but also encouraged the new pupils to feel part of school life in their first term.

The sessions were a hit and the Year 8 Campion Students showed what great role models they are. The project finished with a camera crew visiting, see above, from the Youth Sports Trust interviewing the students and to hear about the project. Some staff were brave enough to step in front of the camera too. The project was a real success.

Primary School Rowers row fifty miles

At the beginning of the year Campion hosted three AMAZING Primary Schools Rowing Competitions for Central and Southern Warwickshire Schools, pictured below. During the School Games event the young people from twenty different schools rowed nearly fifty miles.

Twenty boys teams and twenty-two girls teams took part involving 168, Year 6 students. The groups showed great teamwork skills as they encouraged their classmates, along with the teachers who were helping to motivate the young people to achieve their best. It was quite possibly the loudest competition we have ever run at Campion, but the noise was worth it as we all had so much fun. Well done to everyone involved in helping to ensure this event was such a positive experience for everyone involved.



NEW LIFE-SAVING DEFIBILLATOR



In November, Campion School was kindly awarded a grant to purchase a heart defibrillator to be sited next to the new Sports Hall. Due to the expansion of the school, along with the school's renewed capacity to hire out facilities for local community sports groups, it was agreed that a defibrillator would be necessary. Local groups who will benefit from this include: Leamington Brakes FC, Little Kickers and JayKays Dance Company.

The benefits of a defibrillator are wide-ranging and it offers peace of mind for participants. If a defibrillator is used within 3-5 minutes of a cardiac arrest, **survival rates can jump impressively from 6% to 74%.**

'The machine is easy to use for all age groups and training is not required. It is good to have it on site.' Assistant Headteacher Nick Hawkins commented.

Thank you to Whitnash Councillor and School Governor Judy Falp, and Warwickshire County Council for this vital piece of life-saving equipment.

Pictured, from left to right: Headteacher Jassa Panesar, Judy Falp, and Assistant Head Nick Hawkins.



Pastoral Information for Parents & Carers



Happy new year from the Campion pastoral team! Browse this section of the newsletter to find out about: online courses, events, external visits and general dates for your diary.

Campion Courses available via Zoom - March 2023

The Recovery and Wellbeing academy are offering some free online courses about how best to support children suffering with poor mental health. If you see a course below that you would like to attend, follow the link at the bottom of this section to book and to browse more courses. There is limited space so ensure you book soon!

Book here: www.recoveryandwellbeing.co.uk/enrolment

Monday: 6 March, 13 March, 20 March, 27 March - Anxiety Management - 10:30am - 12 noon

Thursday, 16 March - Understanding Sensory needs in school-aged children - 12:30 - 2:30pm

Thursday, 30 March - Understanding low mood on children and young people - 10am - 12 noon



Parenting Programmes at the Warwick District and Family Centres Spring 2023

Friday, 10, March - Sleep Workshop at Lillington CFC - 9:15 - 11:15am

Friday, 17 March - Understanding your Teenager at Lillington CFC - 9:15 - 11:15am

Tuesday, 21 March - Sleep Workshop at Westgate CFC, Warwick - 9:30 - 11:30am

Friday, 24 March - Understanding Your Child's Behaviour at Lillington CFC - 9:15 - 11:15am

Friday, 31 March - Routines and Boundaries Workshop at Lillington CFC 9:15am - 11:15am

For more details and to book: [Warwickshire Children and Families Events | Eventbrite](https://www.eventbrite.co.uk/s/children-and-families-events)

Online Safety and Social Media:

With the increasing presence of social media and the internet in the lives of our students, we want to ensure that we update you with the latest information so that we can work together to protect them. Mr. Panesar is keen to address this issue with our pupils, specifically the younger years, and open a conversation in the form of some informative assemblies. We always encourage our students to approach us about anything upsetting or disturbing they might see online and will continue to promote this message. As a parent/carer it seems impossible to monitor your child's activity on the internet and social media apps every moment of every day. However, there is help and advice to help you make steps to keeping your young people better protected.

This link to the NSPCC website offers help and advice for parents and carers to keep you updated on the dangers our young people face and how we can lower the risk to them:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

Parents Protect also offer some fantastic, easy to understand guides for parents and children downloadable here:

<https://www.parentsprotect.co.uk/internet-safety-handouts-for-parents-and-children.htm>

If you are concerned about something your child has seen on the internet or social media - please get in touch with your HLL.



HOUSE HEAD CONTACTS

Centaur: Chris Wills:

Griffin: Liz Gayton

Pegasus: Yvette Brown

Phoenix: Angela Burden

Unicorn: Shearon Williams

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yvetteb1@campion.warwickshire.sch.uk

angelab1@campion.warwickshire.sch.uk

shearonw1@campion.warwickshire.sch.uk

SUPPORT AND EXTRA-CURRICULAR

Campion's School Nurse

This year we plan to increase the presence of our school nurse in school and, this term, students have the opportunity to see the nurse for health issues such as:



- * low mood
- * anxiety
- * general health check-ups.

Students should speak to their House Learning Leader for an appointment with the nurse. The next date for an appointment is:

Wednesday, 15 March 2023

The Energy and Cost of Living Crisis Support

In the current economic climate, many households are now struggling with the ever-increasing cost of living. For those families who had been finding it difficult to afford bills and daily essentials, pre-pandemic, they are now facing even tougher times.

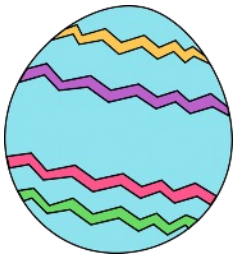
Campion has been consistently supporting these families with our grocery packages which are delivered every week to Campion families in the area. We will continue to do this.

However, we are now pleased to inform you that we have been given a small grant to offer to Campion's struggling families who need that extra support during what is a very worrying time for some.

If you would like to be considered for this funding then please contact your HLL for more information.



The Easter Draw



Is it too soon to talk about Easter? It feels as though Christmas has only just been and gone, but we are very excited to tell you about our Easter Draw.

Attendance has been slipping in schools across the country and we want to give our students an incentive to attend school consistently. In order to encourage a 100% attendance score we are offering students with 95% attendance, and above, the chance to win some fabulous prizes including plenty of chocolate treats and vouchers.

We hope that this will encourage our students into some good habits, which will benefit their overall wellbeing and performance in school.

House Assemblies:

Our students have weekly house assemblies, lead by Mr. Panesar, and other staff, which cover important and relevant topics.

This term we have already spoken about depression, anxiety and the importance of sleep.

As a result, our students have been discussing what they learn in these assemblies, which has sparked some very useful and important conversations both in form time and around school. We will strive to cover more topics this



term, but if you have any suggestions for subjects you think would benefit Campion students, please do contact your House Learning Leader.



WHAT IS SMSC? HOW DOES IT AFFECT ME?

Over the next few newsletters we will look at this important subject in more detail. SMSC stands for Spiritual, Moral, Social and Cultural Development. It is promoted through all the subjects of the curriculum, through the ethos of the school, where the development of positive attitudes and values is key, and the shared celebration of progress, success and diversity is important.

Moral Development

Moral development is concerned with students' knowledge and understanding, intentions, attitudes and behaviour in relation to right and wrong within the accepted codes of practices of society. Their knowledge and awareness of values and attitudes of individuals and society as a whole and socially acceptable code of behaviour is important.

Aims for Moral Development

To understand that values underpin decisions and actions

To be able to identify their own and others' values

To be able to consider a range of perspectives in any given situation

To understand that there will be a range of views on any particular ethical issue

To be able to make informed decisions, accepting and understanding the consequences of their actions

CAMPION FREE SCHOOL MEALS & COST OF LIVING SUPPORT

Uniform Exchange

Donate and request used uniform through our Facebook site or by contacting the school.



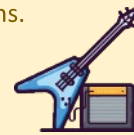
Hardship Fund

Request financial support for small items. We do not provide cash.



Peter Rossiter Foundation

Request help with musical instruments or cost of lessons.



Breakfast Club

Free toast and a drink before school for children entitled to free school meals.



Food Parcels

Request a fortnightly food parcel from Langar Aid through the school.



Uniform Grant

We can sometimes help with the cost of uniform if your child is entitled to free school meals.



Free School Meals – Here to Help!

Do you want your child to eat healthily and save money?

Our school meal deal is just £2.50, offering a hot meal, dessert and drink

Is your child eligible for a free school meal?

Not sure? Check it out

<https://www.gov.uk/apply-free-school-meals>



Campion Cost of Living Support

Campion Cost of Living Support



SAFELINE'S PARENT WORKSHOP

**HOW TO KEEP YOUR CHILD SAFE
ONLINE, IMPROVE THEIR MENTAL
HEALTH AND LEARN HOW TO DEAL
WITH BULLYING.**

Join us on Zoom Meeting ID: 982 363 3370

Internet Safety - Monday 6th March
5 - 6pm

Mental Health - Monday 13th March
5 - 6pm

Bullying and Sexual Harassment in Schools
Monday 20th March
5 - 6pm

**We recommend attending all 3 sessions to gain a
deeper understanding into you child's welfare.**

Please confirm your attendance via email at:

patrindac@safeline.org.uk



WE ARE RECRUITING

CATERING ASSISTANT

At **Campion School**

Are you looking for a role where you can spread smiles by serving delicious food to children and also be a part of an amazing team?

10 and 21.25 hours per week

£9.60 per hour

If you are interested in the role, please
email your CV to hr@educaterers.co.uk or call 01926 743439
and leave your details along with the school you are applying for.

Educaterers offer great **benefits**:

- School holidays off - equated pay
- Term time only working hours
- Nest pension scheme
- Staff benefits package offering discounts for you and your family on shopping vouchers, cinema tickets, holidays and more...



new
ZUMBA

All fitness levels welcome!

No need to book.

STARTING WEDNESDAY 7TH SEPTEMBER!

CAMPION SCHOOL

7pm - 8pm

£6.50 PAYG

Contact Lisa if you would like more information on all our classes or personal training.

☎ 07896 175034

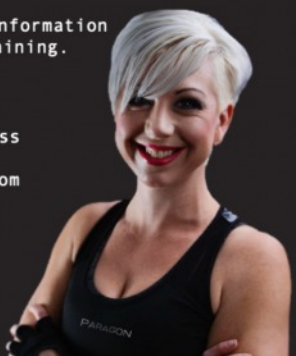
f Paragon Health & Fitness

✉ Info.paragonhf@gmail.com



PARAGON
fitness made fun

www.paragon-hf.com



CROSSTEACH SCHOOL CLUBS

EXPLORE

**FUN / FRIENDS / A CHANCE TO
EXPLORE THE CHRISTIAN FAITH /
SNACKS / GAMES**



**FRIDAY
LUNCHTIMES**

**All Year
Groups
A7**

Little Kickers®

Football fun
for 18 months –
7 year olds

Book your first class now!

Contact: George@littlekickers
Email: warwick@littlekickers.co.uk
Tel: 07832818213
Visit: www.LittleKickers.co.uk/signup




 **LEAMINGTON BRAKES FC**

MJPL U9 - U13

LOOKING TO TAKE YOUR GAME TO THAT NEXT LEVEL?
WE'RE STILL LOOKING TO ADD PLAYERS TO OUR SQUADS
COMPETING IN THE MIDLAND JUNIOR PREMIER LEAGUE

Uefa B Head Coach
FA Qualified Coaches
Weekly training session
Player progress reports
Goalkeeper specific Training
veo Camera for Match analysis

To Register interest follow the
below link or scan the QR code
<https://forms.gle/SveDMVtZviDoLXoDA>
Or contact Matt Turner on
Leambrakes@Gmail.com



SCAN ME

ONE CLUB ONE COMMUNITY

**WARWICK & LEAMINGTON
TAEKWON DO**

NEW CLASS
STARTS JANUARY - CAMPION SCHOOL



"I started for
the excitement
& the self defense.
The camaraderie &
dedication to
excellence keeps
me coming"
Martin, Member



 **WARWICK & LEAMINGTON
TKD**

Taekwon Do is an excellent way to get in shape, make friends
and an effective way to:

- Get fit • Be healthy • Be safe

CAMPION SCHOOL SPORTS HALL: FRIDAY 6.30PM – 7.30PM
Mixed family classes from 10 years old

Tel: 07894 002979 www.tkdhub.co.uk

MYTON CHURCH

Welcome
to the Westbury Centre

**WARM
HUB**

A free warm welcoming
safe space for everyone
Tuesdays 1pm - 3.30pm

From 1st November
Term time only



w.mytonchurch.org.uk/westbury e. info@mytonchurch.org.uk t. 01926 419777

TERM DATES - SPRING/SUMMER 2023

- Term starts Monday, 27 February 2023
- Term ends Thursday, 30 March 2023
- Teacher Training Day Friday, 31 March 2023
- Easter Holidays Monday, 3 April to Friday, 14 April 2023
- Bank Holiday Monday, 1 May 2023
- May Half-term Monday, 29, May to Friday, 2 June 2023
- Last day of term Tuesday, 25 July 2023

Extra-Curricular Timetable 2023

Day	Morning 7:30-8:30	Lunchtime 12:20-13:00	After School 15:10-16:30	Venue	Staff
Monday	Breakfast Club			Refectory	RAS
	Computer & Homework Club		Computer & Homework Club (3.10 - 5 PM)	Library	LWM
			Netball/Football (All Yr's)	Courts & Fields	PE Staff
		Young Carers		A12	LJR
		'Quiet' Lunch Club		C5	JMM
			Science Surgery: All Yrs (3.20 - 4.20PM)	E6	KS
			Creative Media & Homework Club (KS4/5)	A25	ABN
			Art Club	B5	VAB
			Access Team - Hwk Club (3.30 - 4.30 PM)	EAL Room	JMM
Tuesday	Breakfast Club			Refectory	RAS
	Computer & Homework Club		Computer & Homework Club (3.10 - 5 PM)	Library	LWM
		Rotary 'Interact Club' (Yr 11)		A16	JG
			Fitness/Girls Football (All Yr's)	Gym & Fitness Suite	PE Staff
			Eco-Club (All Yrs) (Week 1 only)	E17	JKT
			Access Team - Hwk Club (3.30 - 4.30PM)	EAL Room	
		'Quiet' Lunch Club		C5	JMM
			GCSE Music	Music Block	EPR
			Creative Media & Homework Club (KS4/5)	A25	ABN
	Choir (8.30-9.00)			Imac Room	EPR
Wednesday	Breakfast Club			Refectory	RAS
	Computer & Homework Club		Computer & Homework Club (3.10 - 5.10PM)	Library	LWM
		'Geog Geniuses' Club		A12	LWK
			Science Year 7 'Labrats' (WK2 only)	E14	MA/GDB
			Creative Media & Homework Club (KS4/5)	A23	SRZ/JAR
			Post-16 Basketball/Dance Club(All Yr's)	Gym/Dance Studio	PE Staff
		Languages Blooket Club		C6	MFL Staff
			Chess Club	B9	CMD & RR
			Crest Award Club: Aspire Yr8 (Wed WK 2 only)	E16	AMH
		'Quiet' Lunch Club		C6	JMM
			Access Team - Hwk Club (3.30 - 4.30PM)	EAL Room	JMM
			Psychology: Yr's 7-11 (3.15 PM)	E7	Harmin
			Book Club	Library	LJA & MJR
			Gaming Club (Yr's 8,9 & 10)	A23	SRZ
			Duke of Edinburgh	E1	MCR
		Lego Robotics Club (Yr's 9-11)		E1	EA
Thursday	Breakfast Club			Refectory	RAS
	Computer & Homework Club		Computer & Homework Club (3.10 - 5PM)	Library	LWM
			Basketball/Rugby/Fitness Club(Yr 7-11)		PE Staff
		Chess Club		B9	CMD
		'Quiet' Lunch Club		C6	JMM
		Local Humanities Heroes		A13	BJG
			Tabletop Gaming Club (3.10 - 4.10PM)	Refectory	JSP
			Endurance Running Club (3.25 start!)	Outside PE Block	JR
		'BTEC & GCSE Art Catch-Up (Yr's 9 & 10)		B5	DJT
			Access Team - Hwk Club (3.30 - 4.30PM)	EAL Room	JMM
Friday	Breakfast Club			Refectory	RAS
	Computer & Homework Club		Computer & Homework Club (3.10 - 5PM)	Library	LWM
		Crossteach Club		A12	JG
		'Quiet' Lunch Club		C5	JMM
			GCSE Music	Music Block	EPR